Most paper packaging is recyclable and/or compostable

Most paper packaging is recyclable in Canada. A recent independent third-party study confirmed that virtually 100% of Canadians had access to the recycling of corrugated boxes, boxboard or paperboard cartons and kraft paper bags and sacks. See the PPEC blog on this subject.

Municipalities and commercial composters also report no problems with composting used paper packaging. Sometimes paper packaging ends up just too far away from a recycling mill for recycling to be economically worthwhile. For example, there are limited or no suitable recycling facilities in the Atlantic or Prairie provinces for the recycling of some used paper packaging. Even rural communities in provinces where there are recycling mills are concerned about the costs of shipping generally low-value used paper long distances for minimal economic benefit.

Recognizing this fact, and that paper (cellulose) materials provide a good carbon source, PPEC began investigating the composting alternative back in 1991. A world literature search revealed no previous published information on this topic so PPEC hired the Macdonald College campus of McGill University in Montreal to do some trials using waxed corrugated and old boxboard.
The trials were very successful. Waxed corrugated could indeed produce good compost. Three of the seven samples tested met Ontario guidelines for unrestricted use; another three qualified for restricted use. The college suggested these could be a valuable media for ornamental and other non-edible plant species. A subsequent and far bigger trial at a commercial composting facility in Ontario in 1992 revealed no problems at all with composting waxed corrugated.

Today, Prince Edward Island composes all its old boxboard cartons and Nova Scotia sends more old boxboard to composting than to recycling. PPEC is encouraging composting as an option for the Prairies.